



Yoga Teacher Trainee Waiver Form

Student Information (please fill out all information):

Trainee Name: _____

Date of Birth: _____

Email Address: _____

Home Address: _____

Phone Number: _____

How did you hear about our program? If referred by another student, please say whom:

Do you have any medical conditions we need to be aware of:

Emergency Contact Name and Phone Number:

Tuition Payments & Cancellation Policy:

Laurin Wolf Yoga + Coaching reserves the right to terminate any student from the training program. Participants must adhere to their agreed payment schedule and complete payment in full in order to receive a certificate. Payment can be made by e-transfer, credit/debit card, cheque, or cash. A \$500 non-refundable deposit is to be paid upon registration. Once the course fees are paid and the course starts no refunds will be given. In the case of an emergency, credit can be applied for future Teacher Trainings within 24 months of payment.

Attendance Policy:

Students are required to attend 100% of training sessions. For missed class periods, students must make arrangements with the instructor to make up missed content and class time.

Tardiness and Make-Up Work:

Tardiness and leaving class early is subtracted from the total time of the program and counts against the minimum required attendance. Arrangements must be made with the Program Director to make up any assignments not completed on schedule. All assignments must be made up during the time frame for the course. Students must complete makeup assignments during the time frame of the course.

Code of Conduct:

As a representative of Laurin Wolf Yoga + Coaching, you agree to uphold the ethical goals set forth in the following Code of Conduct:

- Uphold the integrity of my vocation by conducting myself in a professional and conscientious manner.
- Acknowledge the limitations of my skills and scope of practice and where appropriate, shall refer students to seek alternative instruction, advice, treatment, or direction.
- Create and maintain a safe, clean and comfortable environment for the practice of yoga.
- Actively encourage diversity by respecting all students regardless of age, physical or neurological abilities, race, creed, gender, ethnicity, religious affiliations or sexual orientation.
- Respect the rights, dignity and privacy of all students.
- Adhere to the traditional yoga principles as written in the Yamas and Niyamas, and conduct myself in an ethical manner as an instructor and in business.
- Adhere to all local government and national laws that pertain to my yoga teaching and business.

Yoga Teacher Training Expectations:

- Be respectful.
- Be on time.
- Be present at all Training Sessions.
- Be attentive and active in each discussion.
- Learn and practice given material.
- Maintain a safe atmosphere in which trainees can take risks as they learn.
- Help your fellow Teacher Trainees along their own journey.
- Practice, Practice, Practice!
- Please complete a program survey upon completion of the Teacher Training.

Waiver/Liability Release:

I, the undersigned, understand that the practice of yoga involves physical movement, which may from time to time be strenuous, and that such practice carries some risk of injury. I also understand that I must judge my own capacities with respect to practicing yoga and exercise during any classes offered through the YTT Program. I understand that I should consult a physician regarding any concern I may have prior to starting a new activity program, including a yoga practice. I recognize that it is my responsibility to inform the instructor of any concerns, physical injuries/limitations, or serious illness before the start of each class. I have also advised above of any existing injuries that I have. I will not perform any of the postures to the extent of strain or pain.

I understand that from time to time during classes offered through Laurin Wolf Yoga + Coaching, the instructor may give hands-on assistance to facilitate the understanding of postural alignment. If I do not want such assistance, I will inform the instructor at each class I attend.

I hereby agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the classes of yoga, exercise, and/or meditation offered through the course. I understand that Laurin Wolf Yoga + Coaching and its instructors are not liable for any damages or injury, to person or property, resulting from taking a class or training. I hereby agree to irrevocably release and waive any claims that I have now, or hereafter may have against them.

Name: _____

Signature: _____

Date: _____